



# Supporting your child through their NCFE

## L2 Vcert. in Food and Cookery



### The Food and Cookery Exam

Paper	Topics	Length	%	Date
1 First attempt	Balanced diets	2 Hours	25 %	PM 6/11/2018
2 Re sit	Balanced diets	2 Hours	25 %	March 2019

### Key Dates for VCERT L2 Food and Cookery



2018	<b>November</b>	Exam – first attempt
		After school revision begins Thursday 8 <sup>th</sup> Nov
	<b>December</b>	Mock Exams 3-14 December
2019	<b>January</b>	Revising should be picking up
		16/17 January Y11 Progress Day. Mock results shared
	<b>March</b>	Exam – Re-sit. Second attempt for those who did not reach the required standard first time around
	<b>April</b>	Completion and submission of coursework
	<b>August</b>	All results give to students

### Exam Content

<b>Paper One</b>	<ul style="list-style-type: none"> <li>• Preparing to cook</li> <li>• Understanding food</li> <li>• Exploring balanced diets</li> </ul>
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### Support with Revision at home

Revision is vital for all students but it can lead to a great deal of stress and anxiety . We've included some tips below for parents/carers:

- Encourage your child to start revision early – this will also be beneficial for the mock exams
- Encourage your child to be organised and use a revision timetable and also space out the different topics they study.
- Encourage your child to use the free **revision information provided electronically via '1-Achieve' and 'GCSE Pods' as well as their own exercise books**
- Ask your child if you can help them: chatting to them or using flashcards to quiz them etc.
- Ensure your child has breaks, eats well and gets a work/life balance

### Interleaving

From January students will begin spaced revision, 1 lesson a fortnight will be dedicated to revision

Students should also be completing homework tasks, which will be geared towards revision

### Online Revision

Students should be using GCSE Pod, which has a wealth of resources to support revision and a playlist has been set up for them

Students should also be using apps like Quizlet and BBC Bitesize to revise for GCSE History

### Revision Sessions

Revision sessions will begin on Thursday 8<sup>th</sup> November will be every other week (Week 1) until June

Attendance is essential to doing well in Vcert Food and Cookery, those who attend do well, its simple!

### Contacting the department

Mr Braniff, Head of Design and Technology can be contacted via email

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